



# Metacognition and Self-regulated learning

**Metacognition and Self-regulated learning is the most accessed strand of the EEF's Teaching and Learning Toolkit, with an average impact of an additional seven months progress. This programme will support practitioners to see how this can be applied effectively in their schools and classrooms to impact positively upon outcomes for pupils.**

Based upon the EEF guidance report and the most up to the moment evidence, this three day training programme will enable you to make confident decisions about how to implement strategies to improve pupils' metacognitive skills to support them in becoming self-regulated learners.

**Who should take part in this programme?** The programme is suitable for headteachers, senior leaders, heads of department or key stages, middle leaders and classroom teachers from primary, secondary and special schools. All delegates need to attend all three days.

**Course Leader** Jo Ashcroft Director of the Aspirer Research School and Director of Education for the Aspire Educational Trust, a former headteacher of two primary schools

**Day 1: Wednesday 15<sup>th</sup> January 2020 at Investigating the evidence base for great teaching:**

- Will explore in detail what metacognition is (and is not), unpicking common misconceptions and developing an in depth knowledge of the metacognitive process.

**Day 2: Thursday 6<sup>th</sup> February 2020 Translating evidence to have high impact in the classroom:**

- Will consider the links between memory and metacognition and how

to explicitly teach metacognitive skills.

**Day 3: Thursday 5<sup>th</sup> March 2020 Sustain high-impact practice through evidence-based CPD:**

- Will focus upon how we can teach children to be independent learners who can manage their own learning effectively. The day will also explore the evidence around effective implementation, and how delegates can implement their learning from the programme back in school

**Costings** £295 per person, including lunch & refreshments

**Time** 10-3.30pm

**Venue** Alexandra Park Primary School  
Bombay Road  
Stockport  
SK3 9RF

**Contact** If you are interested in this opportunity please email [rswann@aet.cheshire.sch.uk](mailto:rswann@aet.cheshire.sch.uk) to book a place or find out further details