



CPD Opportunities

The **ASPIRER**  Teaching Alliance


Spring Term 2021

National Teaching School

designated by



National College for
Teaching & Leadership

All of our courses are run at the lowest possible cost and not for profit.

Our aim is to identify and co-ordinate expertise from across our alliance, using exemplary teachers and leaders to provide high quality training and leadership development for staff across the local area, in order to support the achievement of excellent learner outcomes.

www.aspirerteachingalliance.co.uk Twitter: @AspirerTeaching

The Aspirer Teaching Alliance (a National Research School)

Part of the Aspire Educational Trust

For further details or to book your place on the course, please contact Rachel Swann on rswann@aet.cheshire.sch.uk 01606 288973

Line Manager Introduction to Mental Health

TalkOut is a voice for mental health in the workplace. Its mission has always been to help organisations understand how they can support the mental health of their employees in the workplace and it has never been more important than it is today. Coronavirus has changed people's lives in ways we couldn't have imagined and many people have been impacted by changes in the workplace as a result of the pandemic.

TalkOut and the Aspirer Teaching Alliance are offering a half day course which will enable Line Managers to understand mental health and learn how their role as a manager can impact mental wellbeing.

Individuals will also learn ways to keep themselves mentally well.

Key Aims and Learning Objectives:

- To recognise and discuss the main types of mental health issues in the workplace.
- To identify signs and symptoms of workplace mental health issues.
- To understand the impact of leadership behaviour on workplace wellbeing.
- To learn how to tackle stigma around mental health by role modelling positive mental health behaviours.
- To explore ways to support the mental wellbeing of Line Managers and teams.

Audience

This course is particularly beneficial to any individuals in their first management role.

Delivery

One half day online webinar with breakout session led by TalkOut facilitators:
3rd February 2021 9 – 12.30am

Course fees

£75 + VAT (£90inc)

Maximum 12 delegates

Email: rswann@aet.cheshire.sch.uk **to book your place on the course**



Mental Health Video Learning Modules

TalkOut is a voice for mental health in the workplace. Its mission has always been to help organisations understand how they can support the mental health of their employees in the workplace and it has never been more important than it is today. Coronavirus has changed people's lives in ways we couldn't have imagined and many people have been impacted by changes in the workplace as a result of the pandemic.

TalkOut and the Aspirer Teaching Alliance are offering the following video Learning Modules which all take place from 4-5pm:

Module 1 - General Mental Health Awareness 23rd February 2021

By the end of this module learners will be able to:

- Understand why workplace mental health is so important
- Appreciate why people are afraid to talk about their mental health at work
- Recognise what we can do to thrive at work with a mental health issue
- Learn how we can continue to support the mental health movement

Module 2 - Managing anxiety through change 2nd March 2021

By the end of this module learners will be able to:

- Understand the relationship between change and mental health
- Explore how change can impact mental health
- Understand the individual journey of emotions during change
- Learn more helpful ways of thinking and behaving during change

Module 3 - Self-care 9th March 2021

By the end of this module learners will be able to:

- Understand what is meant by self-care
- Learn how our behaviours can influence our wellbeing
- Explore ways to practice self-care while at work
- Recognise how our thinking impacts self-care

Module 4 - Talking Out 16th March 2021

By the end of this module learners will be able to:

- Understand the impact on our mental health when we do not talk out
- Explore the role stigma plays in talking out
- Explore ways to start the conversation about mental health
- Learn how we can thrive at work by talking out

Module 5 – Life in the New World 23rd March 2021

By the end of this module learners will be able to:

- Understand more about change and the new world of work
- Learn the value of living life with a different perspective
- Understand more about your life purpose
- Explore the importance of reflection and learning

Module 6– Everyone Together 30th March 2021

By the end of this module learners will be able to:

- Build your awareness of inclusion, diversity and the impact on mental health
- Understand the meaning of diversity, inclusion and equity
- Explore ways to create inclusive, diverse and mentally healthy work cultures
- Understand the benefits of inclusive workplaces

Audience; All staff

Course fees

£75 + VAT (£90inc) to attend all 6 webinars led by TalkOut facilitators

Email: rswann@aet.cheshire.sch.uk **to book your place on the course**

Online Course: Subject Matters – 3 sessions

Subject Matters: revisiting the demands for reading in the curriculum

Just Imagine was established in 2010 by Nikki Gamble, a former teacher, university lecturer and writer. Our consultancy works extensively with schools in the UK and internationally to develop outstanding reading and writing in schools, where stories and literature are placed firmly at the heart of learning.

- Are you reading enough appropriately challenging nonfiction with your class?
- Do you consider the reading demands of the subject discipline when planning to use nonfiction texts?
- Do your pupils have the skills for critical nonfiction reading, beyond the conventional information skills?
- Is your school library stocked with up-to-date nonfiction that meets the demand of the current curriculum?
- Nonfiction, perhaps more than any other form of writing, has been subject to the demands of education policy and the impact of new technologies on publishing.

Just Imagine and The Aspirer Teaching Alliance are offering a course which focuses on the specific demands of reading and writing in subjects. Based on the findings of our action research project 'Reading History', we problematise some nonfiction practices before moving on to practical class approaches for teaching with nonfiction (and some fiction) in history, geography and science. We outline ways to build academic vocabulary for both content learning and processes. And, of course, we give some attention to the place of nonfiction in developing reading for pleasure.

Audience

English leads, literacy leads, curriculum leads, class teachers

Outcome

Participants will gain an understanding of the demands of subject disciplinary reading. They will have practical strategies for reading nonfiction in curriculum areas and knowledge of the range of up-to-date texts that can be used to support this teaching.

- Areas of focus
- A quick review of different approaches to using nonfiction and the range of purposes
- Things to consider when choosing nonfiction for the classroom and for teaching
- Reading and writing in subjects
- Building academic vocabulary
- Nonfiction and fiction working in tandem to build subject knowledge
- Nonfiction and reading for pleasure

Delivery

3 live online webinars by Just Imagine facilitators:

| | | |
|---------------------|--------------------------------|---------------|
| Session 1 History | 13 January 2021 | 3.45 – 5.00pm |
| Session 2 Geography | 27 January 2021 | 3.45 – 5.00pm |
| Session 3 Science | 10 th February 2021 | 3.45 – 5.00pm |

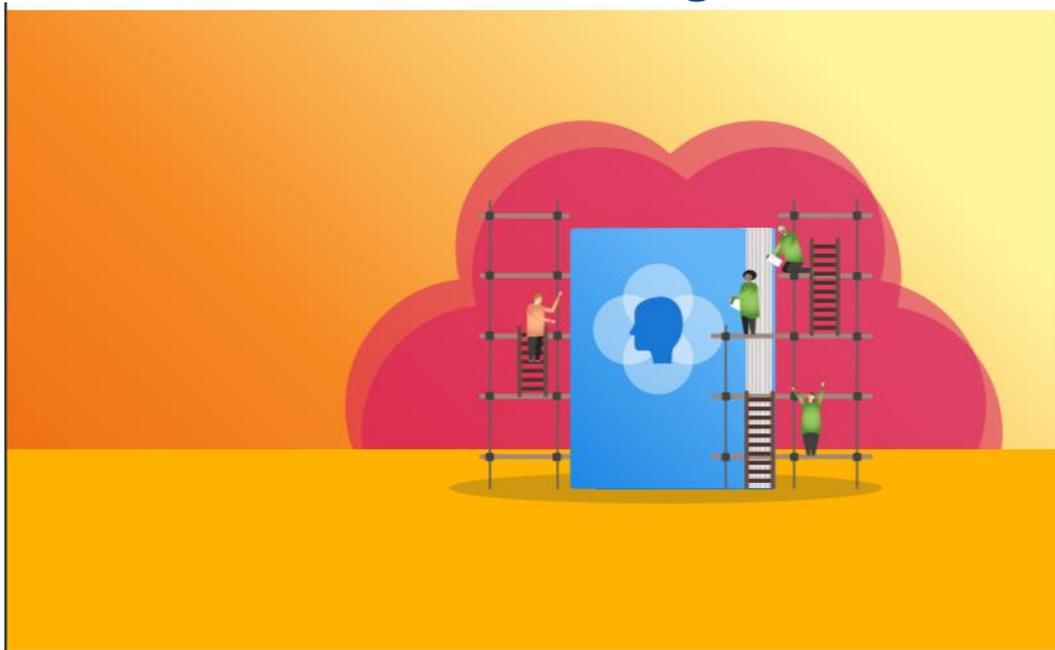
Course fees

£80 + VAT (£96inc) for all 3 sessions

Minimum 12 delegates required

Email: rswann@aet.cheshire.sch.uk **to book your place on the course**

SEND Training



This course will focus on the EEF Guidance - Special Educational Needs in Mainstream. It will be an opportunity to look at the latest research guidance from the EEF, reflect on your own practices and review school approaches to SEND. The course will focus on the five evidence-based recommendations to support pupils with SEND.

Course Leaders: Sarah Ikin, SENCO at The Aspire Educational Trust

Audience: all staff working within schools.

Delivery

Two online sessions via MS Teams:

Session 1 - 1.30-3pm Thursday 4th February 2021

Session 2 - 1.30-3pm Tuesday 17th March 2021

Course fees

£75 + VAT (£90 inc) for both sessions including access to resources

Maximum 10 delegates

Email: rswann@aet.cheshire.sch.uk **to book your place on the course**



Mathematics in the Early Years and Key Stage One

Just before “Lockdown 1” the Education Endowment Foundation published a new **Guidance Report: Maths in the Early Years and Key Stage One.**

It is based on the best evidence to suggest how schools might improve the teaching of Mathematics in both stages.



The EEF have developed high quality Professional Development from the report

What is it?

There are ten “modules”, each based on the research findings. The first module is self-directed and the other nine will be live, online sessions. We will look in depth at each of the five recommendations from the guidance report, examine best practice based on research and you will create a **bespoke action plan** to develop provision in your setting.



Who is it for?

The sessions are aimed at Teachers and others who can facilitate change in their setting.

- **Maths Subject Leaders**
- **Nursery managers**
- **Middle leaders**
- **Teachers in EYFS and Key Stage 1**
- **Senior Leaders**

It is recommended that the same person attend all nine live modules and is given time to work with their colleagues between sessions. Other teachers and colleagues may wish to join the live sessions.

In between the sessions, there will be gap tasks and some reading.

Dates and Content

| Dates | Time | Module |
|--|---------------|--|
| To be completed before Module 2 | | Module 1 Self directed Reflection on current practice |
| Tuesday 2nd March | 3:30-5 | Module 2 Introduction to the Guidance Report |
| Tuesday 16th March | 2-3:30 | Module 3 How children learn |
| Tuesday 30th March | 2-3:30 | Module 4 Developmental progressions |
| Tuesday 27th April | 3:30-5 | Module 5 Play v Instruction |
| Tuesday 11th May | 3:30-5 | Module 6 Using maths throughout the day |
| Tuesday 25th May | 2-3:30 | Module 7 Manipulatives |
| Tuesday 8th June | 2-3:30 | Module 8 Assessment |
| Tuesday 22nd June | 3:30-5 | Module 9 Intervention |
| Tuesday 6th July | 3:30-5 | Module 10 Next steps |

Cost:- £295 per school

To book on, please email Rachel Swann at

rswann@aet.cheshire.sch.uk